



## **Orchard House Promoting Positive Behaviour.**

At Orchard House we believe that children flourish best when they feel safe and secure and they have their needs met by our supportive practitioners who act as good role models, show them respect and value their individual personalities. Children are supported through whereby children and practitioners work together towards a common purpose, including finding ways to resolve upset from stress in any domain and return balance leading onto a path to self-regulation. At Orchard House we actively promote British Values and encourages and praises positive, caring, and polite behaviour at all times and provides an environment where children learn to respect themselves, other people and their surroundings.

We implement the EYFS by supporting children to develop their personal, social, and emotional development. This involves helping children to understand their own feelings and others, beginning to regulate their behaviour. At Orchard house we support children to do this through working together with parents, having consistent approaches, structures, routine, and age/stage appropriate boundaries. The practitioners help to build confidence and self-esteem by valuing all children and giving lots of praise and encouragement.

To support positive behaviour within our nursery, we aim too:

- Recognise the individuality of all our children
- Provide a warm, responsive relationship where the children feel respected, comforted, and supported in times of stress but to understand they are always cared for.
- Understand that certain behaviours are a normal part of a child's development this could include going through a biting phase.
- Practitioner to encourage self-regulation, consideration for each other, our surroundings and property.
- For children to participate in a wide range of activities as a group to enable them to develop their social skills
- Ensure that all practitioners are positive role models

- Encourage parents, carers and any other visitors are to be positive role models
- Always work in partnership with parents and carers communicating openly
- Praise children and acknowledge their positive actions and attitudes, ensuring that children feel valued and respected in our nursery
- Encouraging all practitioners working with children accept their responsibility for implementing goal, next steps
- Promote non-violence and encourage children to deal with conflict peacefully
- We have a key person system enabling our practitioners to build strong and positive relationships with the child and their families
- Provide a range of activities and stories to help children learn about accepted behaviours, including opportunities for children to contribute to decisions about accepted behaviour where age appropriate
- Teaching and supporting children's understanding of different feelings and emotions, self-regulation, and empathy as appropriate to the stage of development. this includes using strategies and naming and talking about feelings and how we can manage them
- Donna Bachelor/Sarah Day are overall responsible for promoting positive behaviour and behaviour support.

Donna Bachelor and Sarah day are named people for promoting and supporting positive behaviour at Orchard house.

Our role is to:

- Advise and support other practitioners on any behaviour concerns
- Liaise with the settings Special Educational needs co-ordinator (SENCO) where the child requires further support, or there are concerns about the impact the behaviour is having on the child's education and care
- Each room leader will be kept up to date with legislation and research relating to promoting positive behaviour
- Support changes to policies and procedures with our nursery
- Access relevant sources of expertise where required and to act as a central information source for all parties involved
- Attend regular external training events and staff access training.

At Orchard house we ensure the care, safety, and respect of each other, we try to keep rules to a minimum and ensure that these are always age appropriate. We ensure that we involve children in the process of making and changing rules to encourage cooperation and participation and ensure that children gain understanding of the expectations of behaviour as a unique child

Children that display challenging behaviour such as physical abusing another child or adult this could include hitting, kicking, or biting. They will be encouraged to express their feelings and talk about how they are feeling, where age appropriate encouraged to apologise.

Any child that has become upset will be comforted we always acknowledge when a child is feeling angry or upset and that it is not acceptable meaning the behaviour and not the child themselves

**Our promoting positive behaviour procedure is as follows:**

- We support all children to develop positive behaviour, and we make every effort to provide for their individual needs
- Practitioners at Orchard never use or threaten to use physical behaviour such as smacking or shaking a child
- We will only use physical intervention where practitioners may use reasonable force to prevent children from injuring themselves or others. We keep a record of any occasions where physical intervention is used and inform parents on the same day.
- We recognise that there may be occasions where a child is displaying challenging or distressed behaviour and may need individual techniques to restrain them to prevent a child from injuring themselves or others. This will only be done by fully trained practitioners.
- Children will not be singled out or humiliated in any way. Children that are displaying challenging behaviour will be distracted and redirected to alternative activities
- Practitioners do not raise their voices or shout at the children
- In any events of challenging behaviour, we will always make it clear to the child in question that the behaviour is not acceptable and not the child
- As a team of practitioners, we will agree particular strategies to support particular behaviours depending on the individual child's, age, level of development and the surroundings. Children may be asked to talk about what they have done and why, the practitioners will support the children to develop empathy and they will be asked to apologise if they have good understanding
- We help practitioners to reflect on their own responses towards behaviours that challenge to ensure that their reactions are appropriate
- Practitioners will inform parents if their child's behaviour has been unkind to others or if the child has been upset. We ask parents and carers to meet with practitioners to discuss and behaviour issues so we can work together to ensure consistency for the child
- We support children in developing non-aggressive strategies to enable them to express their feelings and emotions
- We keep confidential records on any behaviour that is of concern

- We inform parents and carers and ask them to read and sign any incidents concerning their child
- Through partnership with parents and formal observations, we make every effort to identify any behavioural concerns and the causes and triggers. From our observations and discussions, we will implement an individual behaviour support plan where a child's behaviour involves aggressive actions towards other children and staff. The manager will complete risk assessments identifying any potential triggers or warning signs ensuring the safety of the children and adults at all times

We recognise that children need their own time and space and that it is not always appropriate to expect a child to share. We believe it is important to acknowledge each child's feelings and to help them understand how others might be feeling.

Our practitioners follow the procedures below to enable them to deal with behaviour that challenges:

- Practitioners are encouraged to ensure that all children feel safe, happy, and secure
- Practitioners are encouraged to recognise that active physical aggression in the early years is part of the child's development and that it should be channelled in a positive way
- Children are helped to understand that using aggression to get things, is inappropriate and they will be encouraged to resolve problems in other ways
- Practitioners will initiate games and activities with children when their play has become overly boisterous or aggressive both indoors and outdoors.
- We will ensure that this policy is available to staff and parents, and it will be shared at least once a year.
- Practitioners and parents are also welcomed to review or comment on the policy
- If any parent has a concern about their child a member of our team will be available to discuss those concerns. Working together can ensure our children feel confident and secure in their environment both at home and within our nursery
- All concerns will be treated in the strictest confidence

### **Anti-bullying**

We encourage children to recognise that bullying, fighting, hurting and discriminatory comments are not acceptable behaviour. We at Orchard house want children to recognise that certain actions are right and that others are wrong.

Bullying takes place in many different forms. It can be physical, verbal or emotional, but it is always repeated behaviour that makes other people feel uncomfortable or threatened. We acknowledge that any form of bullying is unacceptable and will be dealt with immediately while recognising that physical aggression is part of child's development. Practitioners will

intervene when they think a child is being bullied, however mild or harmless it may seem and sensitively discussed.

By positively promoting positive behaviour, valuing co-operation and a caring attitude, we hope to ensure that the children will develop a positive sense of self, have confidence in their own abilities, make good friendships, co-operate, and resolve conflicts peacefully. By doing this practitioners will provide them with a secure platform for school and later life

Written by Donna Bachelor

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