



Autumn menu

Week 2 Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast- Spider-man cereal	Breakfast- Pancakes with Melon slices	Breakfast- Cheerio's	Breakfast- Toast and a selection of spreads	Breakfast- Ready Brek and Golden syrup
Lunch – Sausage pasta bake in a creamy tomato sauce and cheese Vegan sausage	Lunch- Toad in the hole with mash, Broccoli and peas Vegan sausage	Lunch- cod, potato and spinach curry with basmati rice Vegan fish	Lunch- Cottage pie, carrots, onion, peas, celery and green beans Plant-based mince option	Lunch- Chicken stew with root veg and homemade dumplings Vegan chicken
Pudding- Fruit yoghurts	Pudding- Jam Roly poly with custard (vegan Custard)	Pudding- Chocolate cake and double cream	Pudding- Jelly and whipped cream	Pudding- Ice cream and topping cream

<p>Snack. -Baked beans on toast</p> <p>Apple and pear slices</p>	<p>Snack.-Breadsticks with a selection of dips, cucumber, tomatoes, peppers, grapes and Blueberries</p>	<p>Snack.-Cream cheese crisp breads, cucumber, carrots, celery tomatoes, apples and pears</p>	<p>Snacks. -Cheese mayo wraps, olives, gherkins, beetroot, Kiwi and Raspberries</p>	<p>Snack.- Rice cakes, with spreads. Raisons, Apricots, oranges and plums</p>
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