



## **Orchard House Allergy and Allergic Reactions Policy.**

At Orchard House we are aware that children may have or sometimes develop allergies sometimes resulting in a child having an allergic reaction. Our aim is to ensure where possible that allergic reactions are minimised or, where possible prevented and that all practitioners are aware of how to support a child who may have an allergic reaction within the setting.

### **Our Procedures:**

- Our team of practitioners are all made aware of the signs and symptoms of a possible allergic reaction especially if it's the first time that a child has had one.
- These may include a red rash or hives, nausea, stomach pains, diarrhoea, red itchy skin, shortness of breath, chest pain, swelling of the mouth or tongue, swelling to the airways or lungs, wheezing and in the worst-case anaphylaxis.
- We ask parents to share information about their child's allergic reactions and possible signs.
- We share the information with all practitioners, agencies or our supply staff. Each meal room and kitchen will have clear information about each individual child's allergy.
- There will be an Allergy risk assessment carried out where needed.

- The manager, practitioners, nursery cook, and parents will work together to ensure a child with specific food allergies receives no food at nursery that may harm them.
- Seating will be monitored for children with allergies, where deemed suitable, practitioners will sit with children that have food allergies.
- If a child has an allergic reaction to food, a bee or wasp sting a trained first aider will act quickly and administer the appropriate treatment or medication
- If an allergic reactions requires specialist treatment e.g. an EpiPen then the practitioners will receive training before the child starts.
- Each child has their own box with care plan, medication, EpiPen's x2, contact and consent. This box must be taken wherever the child is and will have a photo and instructions for what to do.

### **Food Information Regulations 2014**

From 13 December 2014 we will incorporate additional procedures in line with the Food Information Regulations 2014.

- We display are weekly menus in the kitchen and both floors and we identify the 14 allergens are used as ingredients in any of our dishes.

### **In the event of an emergency.**

The nursery manager, practitioners MUST:

- Call an ambulance immediately if the allergic reaction is severe. DO NOT transport any child on your own.
- Ensure when calling the ambulance, they are aware that it is a case of Anaphylaxis case

- Whilst waiting for the ambulance the parents MUST be contacted and notified to meet at the hospital
- Arrange for the most appropriate member of the team to accompany the child, taking their medication, contact and consent details and any comforters.
- The other practitioners should be redeployed and kept calm
- Any children that may witness this may become distressed, but it is always important to remain calm.
- When a serious incident occurs and a child requires hospital treatment, Ofsted will be informed.

24<sup>th</sup> August 2023